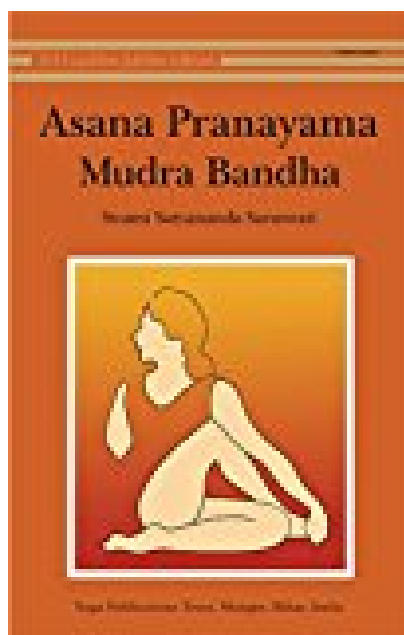


# Asana Pranayama Mudra Bandha 2008 Fourth Revised Edition

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