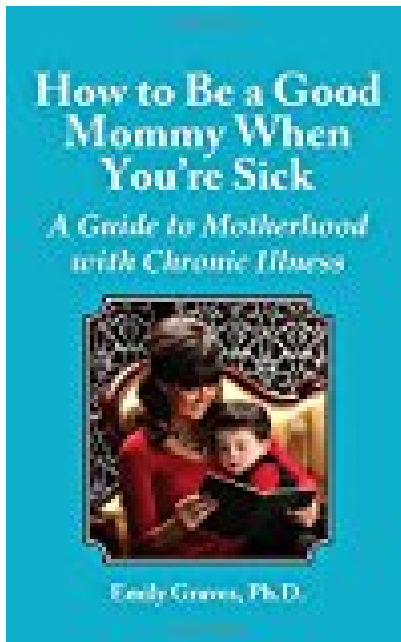


How to Be a Good Mommy When You're Sick A Guide to Motherhood with Chronic Illness



BOOK DETAILS

- Author : Emily Graves
- Pages : 210 Pages
- Publisher : MSI Press
- Language : English
- ISBN : 1933455896



BOOK SYNOPSIS

FIGHT LIKE A MOTHER is a survival guide, offering personal stories, practical advice, tips, and resources on how to be a mom with a chronic illness. Full of the kind of candid advice you would expect from your BFF, this book gives parents with chronic illness hope, help, and a good laugh. "This is a first. A useful guide for chronically ill parents, written with intense honesty and best-girlfriend humor. FIGHT LIKE A MOTHER is the what we've all been thinking but were afraid to say, with plenty of tips from one-who-has-gone-before. This book should be handed out upon diagnosis." -Alicia King, author of "Healing: The Essential Guide to Helping Others Overcome Grief & Loss", Fighter of SOD "Thank you for putting all of the practical tips that all Chronically Awesome patients need in one place, and in a voice we all can access without falling asleep! I will be recommending this to friends and members of my foundation. Joslyne Decker is truly a Chronically Awesome Super She-ro!" - Julianna Shapiro, Founder and Executive Director of the Chronically Awesome Foundation, Fighter of Bipolar, Ehlers-Danlos Syndrome, Fibromyalgia, Lupus, Osteoarthritis "I really wish I had this book 28 yrs. ago when I was first diagnosed with Lupus. I was just handed photo copies of all the things that could and probably would happen and then told to stay out of the sun. I had 3 small children and thought my life was over. FIGHT LIKE A MOTHER is full of practical, doable ideas and suggestions that will not only be useful to you but will also make you smile and laugh out loud. I believe every Dr. office that deals with chronically ill patients needs to have this book!" -Janet, mother of 3, grandmother of 3, Fighter of Lupus "FIGHT LIKE A MOTHER is at once funny, practical, helpful and hopeful. It fills the gap of information out there about the reality of experiencing chronic illness, and the ways to cope... and even have a good life. Anyone who has chronic illness or knows someone who has it will love this book. It is full of the right kind of information to help yourself and/or your loved ones." -Kate, mother of 2, Fighter of depression

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