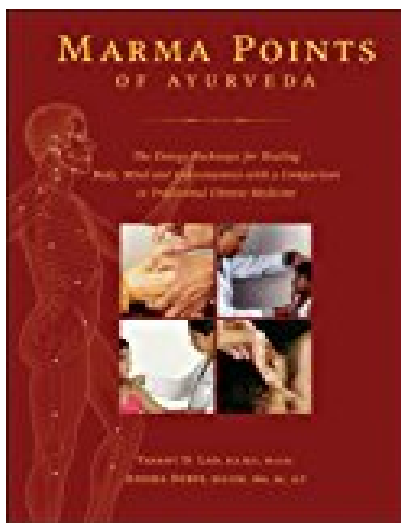


Marma Points of Ayurveda The Energy Pathways for Healing Body Mind and Consciousness with a Comparison to Traditional Chinese Medicine



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BOOK SYNOPSIS

"Presents healing energetics of Ayurvedic marma points and compares them with Chinese system of acupuncture. Based on traditional medicine system from India, provides commentaries of diagnostic and therapeutic scope for each marma point including techniques for massage, detoxification, acupressure, aromatherapy, yoga and meditation"

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